

SPRING-AUTUMN 2020 SCHEDULE
PROGRAMS WITH KENNETH COHEN

高漢氣功學院

DATES	EVENT TYPE - DESCRIPTION	LOCATION	LINK/CONTACT
By Appt, March- May	Private classes, Consultation, Coaching	Online learning	info@qigonghealing.com 720-985-6445
June 6, 10 AM- Noon	Chinese Tea Tasting, Ceremony, Lecture	Avila Beach Athletic Club & Spa, Avila Beach, CA	TBA
June 7-12	Workshop - The Yi Quan Qigong Intensive: Strong as the Mountain, Supple as Water	Esalen Institute Big Sur, CA, USA	https://www.esalen.org/learn/workshop/yi-quan-qigong-strong-as-the-mountain-supple-as-water/3778 703-342-0500
June 22	Lecture - Facets of Taoism: Illuminating the Mystery	Alternatives, London England, UK	https://www.alternatives.org.uk/event/facets-taoism-illuminating-mystery
June 27-28	Workshop - Primordial Qigong: The Taoist Way to Health, Longevity, and Peace	Alternatives, London, England, UK	https://www.alternatives.org.uk/event/primordial-qigong-taoist-way-health-longevity-peace
June 30 - July 2	Workshop - Animal Frolics Qigong: Vitality of the Deer, Power of the Tiger	Glastonbury, England, UK	https://consciouslivingevents.co.uk/event/kenneth-cohen-animal-frolics-qigong-vitality-of-the-deer-power-of-the-tiger-2020/
September	Private classes, Consultation, Tea Tastings	Nederland, Colorado USA	info@qigonghealing.com 720-985-6445
September 11- 13	Workshop - Dynamic Qigong for Strength & Energy: Muscle Tendon Transformation	Hotel Colorado, Glenwood Springs, Colorado, USA	Info@qigonghealing.com 720-985-6445
October 4-9	Workshop - Five Animal Qigong: Strength of the Bear, Balance of the Crane	Omega Institute, Rhinebeck, NY, USA	https://www.eomega.org/workshops/animal-frolics-qigong
October 16-18	Workshop - Qigong Core Practices: Four Paths to Energy Balance (Supine, Sitting, Standing and Walking Qigong)	Kripalu Center, Lenox, MA, USA	https://kripalu.org/presenters-programs/core-qigong-practices-four-paths-energy-balance
October 18-23	Workshop - Qigong for Vibrant Well-Being: Eight Brocades, Bone Marrow Cleansing, & Meditation)	Kripalu Center, Lenox, MA, USA	https://kripalu.org/presenters-programs/qigong-vibrant-well-being-eight-brocades-bone-marrow-cleansing-and-meditation
October 27 – Nov 1	Workshop - Complete Taoist Healing Sounds Qigong: Cleanse, Renew & Balance Your Life Energy	Gray Bear Lodge, Hohenwald, TN, USA	Graybear.org 615-782-0469

All programs open to beginners. For event details: please contact the sponsor. To schedule private classes or to host an event in your area, contact info@qigonghealing.com or (720) 985-6445. For a free e-newsletter & to receive notice of events, join our mailing list by visiting the "Contact" page at www.qigonghealing.com and/or www.sacredearthcircle.com (indigenous events).