

KENNETH COHEN'S 2020 SCHEDULE OF EVENTS

高漢氣功學院

DATES	EVENT TYPE - DESCRIPTION	LOCATION	LINK/CONTACT
January - March	Private classes, Consultation, Tea Tastings	San Diego Area, CA, USA	info@qigonghealing.com 720-985-6445
January 12-17	Workshop - Five Animal Frolics: Vitality of the Deer, Power of the Tiger	1440 Multiversity Santa Cruz, CA, USA	https://www.1440.org/programs/faculty-led-programs/health-and-wellness/fitness/five-animal-qigong-vitality-of-the-deer-power-of-the-tiger 888-727-1440
January 21, 28, February 4 (Tues. 7-8:30 PM)	Class Series - The Tao Te Ching Revealed: A Guide to Meditation & Wisdom	The Taoist Sanctuary, San Diego, CA, USA	tao@taoistsanctuary.org 619-692-1155
January 25	Chinese New Year Ceremony, Celebration, & Banquet	San Diego, CA, USA	info@qigonghealing.com 720-985-6445
February 7-9	Workshop - The Five Elements of Xingyi Quan: Dynamic Qigong for Body Mind Health	Marina Village Conference Center San Diego, CA, USA	info@qigonghealing.com 720-985-6445
March 7-8	Workshop - Yi Quan: Dynamic Qigong for Health, Energy, and Martial Arts	The Taoist Sanctuary, San Diego, CA USA	tao@taoistsanctuary.org 619-692-1155
March 30 - April 10	Traditional Indigenous Teachings & Healing with Ken Cohen, Grace Sesma	Iskotew Elders Lodge, Ottawa, Canada	For First Nations & Metis Community info@sacredearthcircle.com
April 4-5	Workshop - Taoist Longevity Qigong: Taiji Ruler	Ottawa, Ontario Canada	info@blaiseryan.com 613-702-5377
April 21-26	Workshop - Complete Taoist Healing Sounds Qigong: Springtime Purification and Renewal	Gray Bear Lodge, Hohenwald, TN, USA	https://graybear.org/CohenS20.html 615-782-0469
May 17-22	Workshop - Five Animal Qigong: Strength of the Bear, Balance of the Crane	Omega Institute, Rhinebeck, NY, USA	https://www.eomega.org/workshops/animal-frolics-qigong
May 22-25	Workshop - Qigong Energy Medicine: How to Heal with Life Force	Omega Institute, Rhinebeck, NY, USA	https://www.eomega.org/workshops/qigong-energy-medicine
June 7-12	Workshop - The Yi Quan Qigong Intensive: Strong as the Mountain, Supple as Water	Esalen Institute Big Sur, CA, USA	https://www.esalen.org/learn/workshop/yi-quan-qigong-strong-as-the-mountain-supple-as-water/3778 703-342-0500
June 22	Lecture - Facets of Taoism: Illuminating the Mystery	Alternatives, London England, UK	https://www.alternatives.org.uk/event/facets-taoism-illuminating-mystery
June 27-28	Workshop - Primordial Qigong: The Taoist Way to Health, Longevity, and Peace	Alternatives, London, England, UK	https://www.alternatives.org.uk/event/primordial-qigong-taoist-way-health-longevity-peace
June 30 - July 2	Workshop - Animal Frolics Qigong: Vitality of the Deer, Power of the Tiger	New Forest, England, UK	https://consciouslivingevents.co.uk/
July 24	Keynote Lecture : The Way of Qigong	Albany, NY, USA	National Qigong Association Conference https://www.nqa.org/
September	Private classes, Consultation, Tea Tastings	Nederland, Colorado USA	info@qigonghealing.com 720-985-6445
September 11-13	Workshop - Dynamic Qigong for Strength & Energy: Muscle Tendon Transformation	Hotel Colorado, Glenwood Springs, Colorado, USA	Info@qigonghealing.com 720-985-6445
October 16-18	Workshop - Qigong Core Practices: Four Paths to Energy Balance (Supine, Sitting, Standing and Walking Qigong)	Kripalu Center, Lenox, MA, USA	https://kripalu.org/
October 18-23	Workshop - The Taoist Art of Nurturing Life: Qigong for Vibrant Well-Being (Bone Marrow Cleansing, Eight Brocades, & more)	Kripalu Center, Lenox, MA, USA	https://kripalu.org/

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All programs open to beginners. For event details: please contact the sponsor. To schedule private classes or to host an event in your area, contact info@qigonghealing.com or (720) 985-6445. For a free e-newsletter & to receive notice of events, join our mailing list by visiting the "Contact" page at www.qigonghealing.com and/or www.sacredearthcircle.com (indigenous events).